

Prevention of infectious diseases

In Japan, limitations on work, recommendation to enter a medical institution for infectious diseases and the disinfecting of one's home is decided by law depending on the type of infectious disease.

Tuberculosis

Though the number of people with tuberculosis is fewer than in the past, today, the disease is still one of the most infectious diseases with more than 10,000 patients every year in Japan.

If the discovery of the disease is late, the possibility of infecting one's family members and others around the infected individual is high.

In order to detect the disease early, receiving health examinations is important. You should receive a tuberculosis health examination at your place of work, school, or at a public health office of the city, where you live.

Regarding the medical treatment of tuberculosis, a system that covers medical expenses by public expenditure is available. This system enables to relieve the burden of patient's expenses and make the patient to undergo a fair treatment with a sense of security. Please see the City Website for details.

<https://www.nishi.or.jp/kenko/hokenjojoho/kansensho/kekkaku/index.html>

Enquiries: Nishinomiya City Health Center, Health Care and Disease Prevention Division 0798-26-3675
(Nishinomiya-shi Hoken Sho, Hoken Yobo Ka)

Venereal disease

Venereal disease does not only affect the infected person but also their family and descendants. To prevent the venereal disease, tests for syphilis, hepatitis B, and HIV are provided at public health offices. For details, please refer to the Nishinomiya City Website

<https://www.nishi.or.jp/kenko/hokenjojoho/kansensho/hiv/HIV-AIDSschedule.html>

Enquiries: Nishinomiya City Health Center, Health Care and Disease Prevention Division 0798-26-3575
(Nishinomiya-shi Hoken Sho, Hoken Yobo Ka)

AIDS

AIDS (acquired immune deficiency syndrome) is a disease that develops after being infected with HIV. The 3 routes are (1) blood, (2) semen/sperm, vaginal secretion fluid, (3) mother's (breast) milk.

Privacy will be protected at public health offices. Free consultation on AIDS and anonymous examinations are available here.

Those who think they might be infected are recommended to receive an examination. For details, please refer to the Nishinomiya City Website.

<https://www.nishi.or.jp/kenko/hokenjojoho/kansensho/hiv/hiv.html>

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Information and notice on infectious diseases

<https://www.nishi.or.jp/kenko/hokenjojoho/kansensho/kansenyobo/index.html>

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Note For details, ask a person who understands Japanese to enquire for you.