

Nursing Care Insurance [*Kaigo hoken*]

Explanation of the Nursing Care Insurance [*Kaigo hoken*] system

The nursing care that we may need in our old age should not be borne by the family alone. As a result, a system, the Nursing Care Insurance (Kaigo Hoken) system was set up so that society as a whole could take on the burden.

This insurance system is supported by insurance premium payments and tax.

If an elderly person requires nursing care for his/her daily needs such as bathing, help with going to the toilet, meals, etc. a relevant nursing care qualification should be obtained from the city. With this, nursing care services can be provided. (When receiving nursing care at home, it must be within the allowance limitations.)

Those with Insurance

Citizens over 65 years and those between 40 and 64 years old who have joined a medical insurance (National Health Insurance, Health Insurance provided by employer, etc.) are insured for the Nursing care Insurance.

(i) First Insured: All citizens over 65 years old

(ii) Second Insured: All citizens between 40 and 64 years old who have joined a medical insurance

The calculation of the burden of insurance premiums and the conditions for receiving service are different for First Insured and Second Insured.

Enquiries on calculation Nishinomiya City Hall, Senior Citizens Nursing Care Division (Korei Kaigo Ka)
0798-35-3313

Insurance premiums

The enquiry for the insurance premiums for First Insured and Second Insured should be made to a different division.

Enquiries on payment

For - First Insured:

Nishinomiya City Hall, Senior Citizens Nursing Care Division (Korei Kaigo Ka) 0798-35-3148

For - Second Insured:

Enquire to the medical insurer of your insurance

To receive nursing care

(1) Conditions for qualification

People over 65 years old who require nursing care, or those between 40 and 64 years of age who require nursing care due to designated diseases (Parkinson's disease, etc. - 16 designated diseases in total) which the onset of these diseases are caused by the changes of the body and mind from aging, can receive nursing care service.

(2) Qualification for nursing care

To receive nursing care insurance service, a person must first present application forms to the city office. Regarding the level of nursing care, 'Certification of nursing care need' (Yo Kaigo Nintei) must be obtained. When an application is received, a qualification investigation is made. The content of the investigation together with assessment of the situation made by a doctor will be sent to the 'Nursing Care Qualification Committee' (Kaigo Nintei Shinsa-kai) which will decide on the level of nursing care

required (7 levels: support required; levels 1 -2, nursing care required; levels 1-5).

(3) Preparing a Care Plan

After being qualified, for those in the category of nursing care required levels 1-5, a nursing care support specialist (Care Manager) from a home nursing care support company (Kyotaku Kaigo Shien Jigyosha) will be asked to make a plan, and for those in the category of support required levels 1 & 2, the district general support center (Chiiki Hokatsu Shien Center) will make a plan for the home service (Care Plan). The individual will then be able to receive services according to this plan.

Enquiries

For the application of the qualification of nursing care:

Nishinomiya City Hall, Senior Citizens Nursing Care Division, Counseling Team for Qualification (Korei Kaigo Ka Nintei Sodan Team) 0798-35-3133 / 3348

For information on the contents of nursing care services:

Nishinomiya City Hall, Senior Citizens Nursing Care Division, Benefit Adjustment Team (Korei Kaigo Ka Kyufu/Tekiseika Team) 0798-35-3048

Note For details, ask a person who understands Japanese to enquire for you.